



Motivational Speaker Blair Singer, Fitness Guru Mack Newton to Tackle Goals During Two Session “Goal Setting” Seminar

For the first time ever, Renowned Motivational Speaker Blair Singer and Fitness Guru Mack Newton Team up to Tackle Participants' Biggest Goals During their Exclusive Two Session “Goal Setting” Phone Seminar.

Phoenix, AZ ([PRWEB](#)) February 17, 2011 -- 2011 can be a break-out year. Change life for the better, make more money and learn how to be "your personal best". It all starts by setting a goal. Sounds easy? Well, bestselling author and Internationally renowned personal and professional development speaker Blair Singer knows all too well that most people don't bother setting tangible goals or tend to set the wrong ones and then are left wondering why their dreams haven't come true. Don't self sabotage any longer. Its time to stop thinking about not deserving it and and not being able do it... Get motivated and get it done.

Blair Singer (www.BlairSinger.com) wants this year to be different for his clients. That's why he's teaming up with elite fitness coach, Mack Newton, and together will teach participants how to make this their best year ever. Mack Newton will apply the same principals used to coach the World's leading athletes. Mack has multiple World Series and Super Bowl rings, and is a 7th Degree TaeKwon-Do Master.

On February 22nd and 23rd, Blair Singer and Mack Newton will personally coach and guide a group of participants in a one-of-a-kind Goal Setting Program. During these two 90 minute transformational sessions there will be Questions, Coaching and Motivation of the participants to action. And, for a drastically reduced price participants are not only invited but encouraged to let friends, significant others and entire work teams listen in so those folks can benefit too. Now, participants can learn step-by-step the same process that has won gold medals and championships, that has created multi-millionaires and has turned unhealthy habits into unbridled energy.

Together, Blair and Mack will help clear the minds of participants and help them move past the internal nagging, negative, “Little Voice.” Blair and Mack will teach participants how to get to the true essence of what they really want to achieve and breakdown the barriers you're so used to setting up. Participants will see results- and will see them fast.

An expert in facilitating personal growth and organizational change in business today, Blair Singer says, “You'll benefit from the wisdom I've gained over 20 years of helping people and businesses achieve more money and greater happiness.” A dynamic, in-demand public speaker, Singer has spanned 20 countries on five continents with clients ranging from Fortune 500 companies like Singapore Airlines, Deutsche Bank, Redken, IBM, Westin Hotels, CitiGroup, UPS and Dunkin' Donuts, to small business owners, entrepreneurs, sales teams and just regular folks. He applies the same tried and true principals that work for big corporations to the Business of Everyday Life helping individuals hungry for greater success.

www.BlairSinger.com

Mack Newton has trained in the Martial Arts for over 52 years and in Tae kwon-Do for 45 years. In 1981, Newton was named Head Coach of the USA Taekwon-Do Team, and was appointed the Conditioning Coach for the Oakland A's Major League Baseball Team in 1985 and worked as the Conditioning Coach for the Dallas Cowboys from 1989 to 1993. Mack developed many new training methods and has been credited with



extending the careers of several Major League baseball and NFL football players including former NFL 2-way star Roy Green, 5-time Pro-Bowl stars Jay Novacek and Aeneas Williams, Seth Joyner, MLB star Dave Stewart, Future MLB Hall of Famer Ricky Henderson, Sandy Alomar and Charles Barkley.

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